



SALA STAMPA DELLA SANTA SEDE  
**BOLLETTINO**

HOLY SEE PRESS OFFICE BUREAU DE PRESSE DU SAINT-SIÈGE PRESSEAMT DES HEILIGEN STUHLS  
OFICINA DE PRENSA DE LA SANTA SEDE SALA DE IMPRENSA DA SANTA SÉ  
BIURO PRASOWE STOLICY APOSTOLSKIEJ دار الصحافة التابعة للكرسي الرسولي

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**Video Message of the Holy Father with the prayer intention for the month of July, disseminated via the Pope's Worldwide Prayer Network**

The following is the text of the Pope's video with the prayer intention for the month of July, disseminated via the Pope's Worldwide Prayer Network, on the theme: *Let us pray that Catholics place at the centre of their lives the Eucharistic Celebration, which transforms human relationships and opens up an encounter with God and their brothers and sisters:*

**Video Message of the Holy Father**

If you are the same at the end of Mass as you were at the beginning, something is wrong.

The Eucharist is the presence of Jesus, it is deeply transforming. Jesus comes and must transform you.

In the Eucharist, it is Christ who offers Himself, who gives himself for us. He invites us, so that our lives may be nourished by Him and may nourish the lives of our brothers and sisters.

The Eucharistic Celebration is an encounter with the Risen Jesus. At the same time, it is a way of opening ourselves to the world as He taught us.

Each time we participate in the Eucharist, Jesus comes and Jesus gives us the strength to love like He loved, because it gives us the courage to encounter others, to go out of ourselves, and to open ourselves to others with love.

Let us pray that Catholics place at the centre of their lives the Eucharistic Celebration, which transforms human relationships and opens up an encounter with God and their brothers and sisters.

